

TAO Health and Safety Policy

1. STATEMENT OF POLICY

The TAO is committed to providing participants with opportunities to explore the Li Family Arts in safety. While the practice of the martial aspects of the Arts may involve some risk, Instructors are trained to ensure that no participant is exposed to risks they do not understand or to risks that are unnecessary to the practice of the Arts.

2. PREMISES

It is the Instructor's responsibility to select suitable premises for the classes s/he runs on behalf of the

TAO, having regard to the type of activity proposed, the number of people expected and the detailed guidance set out in the Instructors' Manual.

The Instructor will be required annually to complete a health and safety risk assessment form in respect of each of the premises s/he uses for classes.

The TAO will monitor whether the written assessment has been made without assuming responsibility for its accuracy or the safety of the premises.

3. PARTICIPANTS

The TAO provides a health questionnaire for new participants. It is the Instructor's responsibility to ensure these are completed so that s/he is aware at all times of participants that may be at a heightened risk because of their state of health and to pass this information on accurately to any visiting Instructors.

The Instructor should give appropriate warnings to all those who may be at particular risk from a certain activity because of their state of health and prevent participants from performing activities that put them at significant risk.

4. TEACHING

The safe conduct of a class is the responsibility of the Instructor running it. Instructors should comply with the guidance given in the Instructors Manual and at Instructors' training weekends as to safety and best practice in the teaching of the arts.

The Technical Director or his appointee will monitor teaching standards with a view to improvement and development of the standards within the organisation but cannot be held responsible for the failure of an Instructor to conform to the standards set down by the organisation.

5. EQUIPMENT

It is the responsibility of the Instructor to maintain any equipment used in the course of a class in a good and safe condition and to ensure that it is properly and safely used by participants.

6. WEAPONS

Those Instructors authorised to teach weapons must ensure that the greater risks involved are reflected in the care taken over the suitability of premises, equipment and conduct of the training.

7. WEEKEND & RESIDENTIAL COURSES

On these occasions the host Instructors are responsible for the premises and the senior visiting Instructors for the conduct of the training. They should liaise to ensure that all aspects of health and safety are addressed. The Committee is responsible for all aspects of health and safety on residential courses.